

Alzheimer's Society Face to Face services in Central Bedfordshire 2021

Activity	Venue	Day	Time	Who is the service for
Activity group Facilitator – Mary Haggerwood	Rufus Centre Stockfields Room, Rufus Centre, Flitwick, MK45 1AH	Fourth Tuesday of every month starting 28 September 26 October 23 November	10.30a.m – 11.30 a.m.	People with dementia and their carers
Activity group Facilitator – Mary Haggerwood	St Augustine 's Church Hall Oakwood Avenue Dunstable Beds LU5 4AR	Fourth Wednesday of every month starting 22 September 27 October 24 November 22 December	2p.m-3p.m	People with dementia and their carers
Activity group Facilitator – Mary Haggerwood	Rufus Centre Stockfields Room, Rufus Centre, Flitwick, MK45 1AH	Second Thursday of every month starting 11 November 2021	10.30a.m – 11.30 a.m.	People with dementia and their carers
Dementia Support Service	Face-to-face, over the phone or in writing we will help you to: <ul style="list-style-type: none"> • remain independent and stay active for as long as possible • get the information and advice you need to make informed decisions about your wellbeing • find other local services which can help to improve your life 			People affected by dementia, including carers

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National Services

Alzheimer's Society Website alzheimers.org.uk

Dementia Connect 0333 150 3456

Helpline opening hours: Monday to Wednesday 9am – 8pm

Thursday and Friday 9am – 5pm

Saturday and Sunday 10am – 4pm

Dementia Connect is a telephone helpline that provides information, suggestions, support and referrals to anyone with concerns about Alzheimer's disease or any other form of dementia. Callers speak with trained helpline advisers. Calls are confidential to Dementia Connect and, unless they want to receive information through the post, callers can remain anonymous.