

## Memory Navigation Service



The **Memory Navigation Service** is a dementia telephone service in Bedfordshire.



You can ask questions about memory loss, dementia and local services.



If you have a question about treatment or medication, you can **Ask the Team**.



You can ring on

0300 111 9090.

Visit [www.memoryinbeds.org.uk](http://www.memoryinbeds.org.uk)