

Choosing Paid Care



Using paid care can help improve your quality of life.

It might help you stay at home longer.



To find local organisations providing paid care, see [The Bedfordshire & Luton Directory: Adult Care and Support Services](#).



To get a copy, ring:



Bedford Borough on

01234 267 422



Central Bedfordshire Council on

0300 300 8036



Carers in Bedfordshire on

0300 111 1919

Bedfordshire Memory Navigation Service
0300 111 9090

Paying for Care



Paying for care can be done privately or through the local councils.



If you need help with costs, contact the local councils for a Needs and Carers Assessment.



Booklets, “Personal Budgets” and “When does the NHS pay for Care” can help you understand your choices.

You can get a copy from the Alzheimer’s Society. Ring 0333 150 3456 for a copy.



To discuss your options, contact:



Memory Navigation Service
Ring 0300 111 9090



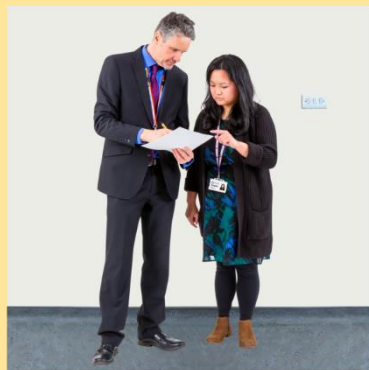
Disability Resource Centre
Ring 01582 470 900



Care Quality Commission



The Care Quality Commission carries out Independent Reviews.



They check the quality of care providers, day care centres and care homes.



You can look at the reports on-line.

Visit www.cqc.org.uk for the reports.